

# Fragrance Free Products

Please note that each individual will have a different level of sensitivities. Some people may still be reactive to products presented here.

## Personal Care Products

### **Body Soap**

Granny's Old-Fashioned "Body Satin Unscented"  
Tom's of Maine fragrance-free  
Kiss My Face plain, oatmealbar, or olive oil soap  
Biokleen liquid soap  
Coastline's Simple Soap fragrance-free  
Ivory bar soap  
Sappo fragrance-free, or almond bar soap  
Trader Joe's bar soap

### **Shampoos**

Granny's Old-Fashioned shampoo  
Heritage Products Olive Oil shampoo  
Pure Essentials Fragrance-Free shampoo  
KMS Puratives shampoo  
Highlands Calendula bar soap lathered in hands  
Rainbow Research's Stonybrook unscented (800 554-4111)

### **Hair Conditioner/Rinse**

Granny's Old-Fashioned conditioner  
KMS Puratives reconstructor  
Rainbow Research's Stonybrook unscented (800 554-4111)  
Jojoba oil

### **Hair Spray/Mousse/Gel**

Aloe Vera Gel (directly from the plant) combed into hair  
KMS Puratives spray (Hairmaster's on Broadway)  
Unpetroleum Jelly

### **Shaving Cream**

Insted: suds from bar soap

### **Aftershave Lotion**

Dickenson's Witchhazel (comes in bottle or in pads for application)

### **Antiperspirant/Deodorant**

Le Crystal  
Home Health unscented

**Toothpaste**

Baking soda (1/3 sea salt to 2/3 baking soda)  
Nutribiotic

**Mouthwash**

Insted: brush tongue and use a water pik

**Skin Lotion**

Lily of the Desert Aloe Vera Gelly  
Unpetroleum Jelly  
Jojoba/Sesame/Almond oils

**Body/Massage Oil**

Lily of the Desert Aloe Vera Gelly  
Jojoba/sesame/almond oils

**Sun Screen/Sun Tan Lotions**

Aubrey Organics

**Menstrual Products**

Seventh Generation pads  
Nutracare organic all-cotton tampons Instead menstrual cups

## Clothing Care Products

**Laundry Presoak**

Granny's Old-Fashioned Soil Away

**Laundry Detergent/Soap**

Country Save detergent  
20 - Mule Team borax  
Biokleen II  
Ecover liquid soap  
White King natural soap

**Fabric Softener**

Insted: Shake out clothes prior to drying

**Bleach**

Ecover Non-chlorine  
Seventh Generation Non-chlorine  
Hydrogen peroxide

**Stain Remover**

Granny's Old-Fashioned Soil Away unscented  
Ecobaby Bac-Out Waste and Odor Digestor

**Shoe Leather Cleaner**

Dish soap on a wet rag

**Leather/Textile Water Guard**

Bee Sea Leather Waterproofing Conditioner

**House-hold Care Products****Regular Household Cleaning**

Shaklee Basic H (for household)  
Shaklee Basic I (for Industrial strength)